

REGISTER NOW & SAVE

# The 2025 NHA Conference

THURSDAY, JUNE 26 – SUNDAY, JUNE 29, 2025

HOLIDAY INN CLEVELAND SOUTH, INDEPENDENCE, OH

Advocating the gold standard of a whole-food, plant-based diet and lifestyle since 1948!

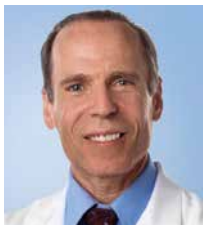
Join us for our 77th year with an all-star lineup of speakers and teachers!\*



**ROBYNNE CHUTKAN, MD, FASGE**  
Integrative Gastroenterologist and author of *GutBliss* and *The Microbiome Solution*



**ROBBY BARBARO, MPH AND CYRUS KHAMBATTA, PhD**  
NY Times bestselling authors of *Mastering Diabetes*



**JOEL FUHRMAN, MD**  
NY Times bestselling author, Pres., Nutritional Research Foundation; Founder, Eat to Live Retreat



**CARA FUHRMAN, ND**  
Naturopathic Doctor and Medical Chef



**STEPHAN ESSER, MD**  
Director, Esser Health—Take Your Life from Surviving to Thriving



**FRANK SABATINO, DC, PhD**  
Author; Speaker; NHA Director of Education; Creator of the online program *Lean for Life*; Host of the *Health Science Podcast*



**MEAGAN L. GREGA, MD, FACLM**  
Co-Founder and Chief Medical Officer of Kellyn Foundation



**VICTORIA MORAN**  
Best selling author and founder of Main Street Vegan Academy



**DILLON HOLMES**  
WellYourWorld YouTube channel



**BRITTANY JAROUDI**  
The Jaroudi Family YouTube channel



**CHUCK CARROLL**  
"The Weight-Loss Champion"  
Host of PCRM's podcast, *The Exam Room*



**JOHN PIERRE**  
Nutritionist and fitness consultant; Cofounder, Living With Harmony



**DEB & JASON DESALVO**  
Cold Brook Farm; Regenerative farmers; Environmental Educators; Bakers; Authors



**GUSTAVO TOLOSA**  
"The Plant-Powered Pianist"  
Health Coach and Culinary Instructor

## REGISTER NOW!

**\$795 EARLY BIRD RATE\*\***

Don't delay! Register before it sells out!

Conference passes include all programming and six whole-food, plant-based, SOS-free meals.

Registrations are refundable until 45 days prior to the conference (subject to a \$50 nonrefundable administrative fee per person).

### BOOK YOUR ROOM

Book your room by calling the Holiday Inn at **216-524-8050, ext. 298** for the special NHA rate of **\$150** per night.

### CHILDREN'S PROGRAM

Special rates are available on the NHA website for children ages 2–12 and 13–16. A great program will be available for children ages 5–12. Call the NHA at **330-953-1002** with any questions.



**JOHN NOWAKOWSKI**  
Conference executive chef



**ROBYN DENNING**  
Yoga instructor and health coach

Everything you need to know to adopt, live, and love the healthiest program on the planet—and the most delicious and nutritious meals you will ever eat!

Register online at [healthscience.org](https://healthscience.org) or by phone at **330-953-1002**.

National Health Association, P.O. Box 477, Youngstown, OH 44501-0477

330-953-1002 | [info@healthscience.org](mailto:info@healthscience.org) | [healthscience.org](https://healthscience.org)

THANKS TO OUR SPONSORS:



\*Speakers are subject to change. \*\*Early Bird Rate available through 12/31/24.